I will look up

<u>https://youtu.</u> <u>be/rZIO_WUIt3g</u>

Just for fun!

https://youtu.be/Pa0wXSh4I34



We see DAYSPRING becoming a church made up of people growing in <u>whole life</u> <u>spirituality</u>

joined together in outward-looking relationships

where our neighbours matter most

which is shaped for our world

and works with others in the power of the Spirit to transform community in Wiltshire and beyond

VERSE	NIV	MEANING
3	Day & Night Tears for food People say	Constant lack of sleep Loss of appetite Tearful Verbal bullying
4	Pour out my soul	Emotionally drained
5	Downcast soul Disturbed	Hopeless Anxious
6	Downcast soul	Hopeless Deep sadness
7	Waves & breakers have swept over me	Completely overwhelmed, fatigued; can't cope
9	Forgotten me Mourning Oppressed by the enemy	Abandoned; isolated Rejected Confused
10	Bones suffer mortal agony Foes taunt meall day long	Physical suffering Constant verbal and emotional abuse
11.	Downcast soul Disturbed	Deep Sadness

By day the Lord directs his love, at night his song is with mea prayer to the God of my life. Psalm 42:8

Spiritualy inteligent people use singing to put their hope in COC

Be very careful, then, how you live---not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord's will is. Do not get drunk on wine, which leads to debauchery.

Instead, be filled with the Spirit, speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, giving thanks to God the Father for everything, in the name of our Lord Jesus Christ. Ephesians 5: 15-19 (NIV)

SING TO ONE ANOTHER SING TO GOD SING TO YOURSELF

HOW HAVE YOU **BENEFITED FROM** SINGING PSALMS HYMNS OR SPIRITUAL SONGS TO YOURSELF?

Where is God my Maker, who gives songs in the night, Job 35:10

When I was in distress, I sought the Lord; at night I stretched out untiring hands, and I would not be comforted. Psalm 77:2

I will praise the Lord, who counsels me; even at night my heart instructs me. I keep my eyes always on the Lord. Psalm 16:7-8a

Let his faithful people rejoice in this honour and sing for joy on their beds. Psalm 149:5

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