



FOCUSING ON JESUS: OPEN OUR EYES.

Aim

To encourage group members to expect to be aware of Jesus.

Note

It is easy to leave people feel as though they are deficient, if they are 'unsuccessful'. Your job is to build expectation and remove a sense of failure.

Activity

1. Sing *Open our eyes* (SoF: 443). You could sing along to the track. Several versions on iTunes.
2. Read Lk 24: 13-16 & 28-33 with the track in the background. If you don't mind paying the extra 79p, there are instrumental versions of the song which are great to listen to but not arranged for singing.
3. After reading through point out that breaking bread was a regular spiritual practice in everyday life.
4. Read the passage again.
5. Invite people to spend time with Jesus; being aware of his presence with them. Suggest that if they find themselves struggling, they should pray the song through.
6. If you are aware of people experiencing a significant encounter you should consider praying with them. Make sure you don't end up interrupting their closeness with the Lord or the meditation of others. Simply 'bless what God is doing'.
7. Finish by reminding people of the fact that Jesus is present and that by training or spiritual release we can be increasingly aware of him. Like Paul, our goal is to know him, not just about him.

Feedback please!